



# September



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <i>Labor Day</i>	2 <b>Meal idea</b> – <i>Tyson</i> Seasoned Beef Meatloaf, fully-cooked, mashed potatoes, green beans, crescent rolls	3 	4 <b>Recipe idea</b> – <i>Tyson</i> Chicken in White Wine & Garlic Sauce Casserole	5 <b>Family idea</b> – Game night. Play "Best Family Moment!" Visit <a href="http://EmbraceDinner.com">EmbraceDinner.com</a> for details.	6 <b>Meal idea</b> – Scrambled eggs with cheese and dried herbs served atop <i>Tyson</i> Maple & Brown Sugar Glazed Ham with a side of fruit salad
7 	8 <b>Recipe idea</b> – <i>Tyson</i> Seasoned Beef Meatloaf Parmesan	9	10 <b>Meal idea</b> – <i>Tyson</i> Roast Beef in Brown Gravy, potato wedges from the deli, bakery wheat rolls	11	12 <b>Family idea</b> – Start collecting family recipes for your own personal cookbook. Visit <a href="http://EmbraceDinner.com">EmbraceDinner.com</a> for more family fun ideas.	13 <b>Meal idea</b> – <i>Tyson</i> Chicken Breast Medallions in Italian Herb Sauce, steamed broccoli, and French bread
14 <b>Dinner Vacation</b> – Take a trip without leaving home. Plan a meal inspired by Italy, including <i>Tyson</i> Seasoned Beef Meatloaf Parmesan. Top the table with an inexpensive red and white checked tablecloth, and play some Italian music.	15	16 <b>Meal idea</b> – <i>Tyson</i> Beef Pot Roast in Gravy, steam-in-bag carrots, and tossed salad	17 	18 <b>Meal idea</b> – <i>Tyson</i> Chicken Breast Medallions in White Wine and Garlic Sauce, rice pilaf, and French cut green beans	19	20 <b>Recipe idea</b> – Open Face <i>Tyson</i> Pork Roast with a side of Cheesy Garlic Mashed Potatoes
21	22 <b>Meal idea</b> – <i>Tyson</i> Beef Steak Tips in Bourbon Sauce, egg noodles and bakery corn bread or muffins	23 	24 <b>Recipe idea</b> – <i>Tyson</i> Beef Stew in a Bread Bowl	25 <b>Meal idea</b> – <i>Tyson</i> Maple & Brown Sugar Glazed Ham, corn on the cob, deli potato salad, dinner rolls	26 	27 <b>Family idea</b> – Game night. Play "Word Association." Visit <a href="http://EmbraceDinner.com">EmbraceDinner.com</a> for details.
28	29 Visit <a href="http://EmbraceDinner.com">EmbraceDinner.com</a> for great recipes and family fun ideas!	30 				

