



Tyson and King's Hawaiian® are even better together!
 Look for **BIG savings** on this easy meal solution
 in your Sunday paper on February 21, 2010.

February



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 	2 Groundhog Day Recipe idea – Chicken Crescent Roll	3	4	5 Recipe idea – Maple Waffle Ham Sandwich	6 
7 Family Fun idea – Make a family Valentine's Day buffet. Make finger foods like Chicken Crescent Rolls, Easy Chicken Nachos, and Pulled Pork in Biscuit Cups, and serve with sparkling grape juice.	8	9	10 	11 Recipe idea – Gingered Chicken Pitas	12	13
14 Valentine's Day 	15 President's Day Meal idea – An elegant Valentine's meal doesn't have to be complicated! Impress your loved one with Wilted Caprese Salad using Brisket in Fire Roasted Onion Sauce. It's on the table in 15 minutes. Find this recipe and more at embracedinner.com .	16	17 	18	19 	20 Recipe idea – Angel Hair Pesto with Beef Steak Tips in Burgundy Sauce
21	22 	23 Family idea – Don't be stuck in the kitchen on family game night. Get in the game with Tyson Refrigerated Heat 'N Eat Entrées. They're fresh, delicious, and on the table in minutes.	24	25 	26	27
28 For more easy meal ideas, visit embracedinner.com/RecipesMealIdeas/SimpleMeals	1	2	3 Click here for the Food & Thought newsletter for great meal ideas and promotions!	4	5	6 Look for great promotions coming in March at EmbraceDinner.com !

