



# August

Save \$1 on Tyson® Skillet Creations Meals™!  
 Visit [EmbraceDinner.com](http://www.EmbraceDinner.com) for a free coupon download!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26  Cooking made simple with Robin Miller! Visit this site for Mealttime Minute videos <a href="http://www.embracedinner.com/SpecialOffers/MealttimeMinuteWithRobinMiller.aspx">http://www.embracedinner.com/SpecialOffers/MealttimeMinuteWithRobinMiller.aspx</a>	27	28	29	30 	31 <b>Meal idea</b> – An easy weeknight meal is Skillet Creations™ Grilled Chicken Tuscan & Penne served with garlic bread and a simple salad.	1
2 	3	4	5  <b>Recipe idea</b> – Dijon Chicken Salad Sandwich	6 	7 	8 <b>Recipe idea</b> – Campbell's Asian Style Stir Fry
9	10 	11 <b>Meal idea</b> – Skillet Creations™ Grilled Steak Fajitas are perfect served with Mexican rice and refried beans!	12	13 <b>Recipe idea</b> – Stuffed Green Peppers with Beef Steak Tips	14 	15 
16 <b>Family Dinner Vacation</b> – Picnic at home! Create a fun, easy picnic in your own backyard. Pack the picnic basket with finger food and chicken salad sandwiches created using Tyson® pouch chicken. Lemonade in a thermos completes the scene.	17 	18	19 	20 <b>Recipe idea</b> – Brisquet Quesadilla with Creamy Salsa Dip	21 	22
<del>23</del> <del>30</del>	<del>24</del> <del>31</del>	25	26	27	28	29 In September, look in your local paper for Savings on Tyson Dinner Meats and Refrigerated Grilled Meats.

For more simple meal ideas, visit  
[www.EmbraceDinner.com/RecipesMealIdeas/SimpleMeals.aspx](http://www.EmbraceDinner.com/RecipesMealIdeas/SimpleMeals.aspx)

