

The delicious way to eat smarter.

New Tyson® Skillet Creations™ meal kits have 45% less sodium than our previous meal kits,* which makes them the perfect meal solution for your active lifestyle.



Prior Line of Tyson Meal Kits

	Serving Size (grams)	Sodium per Serving (milligrams)	Sodium per 100 Grams (milligrams)
Stir Fry	400	1700	425
Beef Fajitas	107	300	280
Chicken Fajitas	252	740	294
Chicken Enchiladas	97	600	619
Chicken Fried Rice	399	1810	454
Chicken Quesadillas	111	580	523
Average Sodium			432

Tyson® Skillet Creations Meal Kits

	Serving Size (grams)	Sodium per Serving (milligrams)	Sodium per 100 Grams (milligrams)
Asian Style Orange Chicken	336	540	161
Grilled Chicken Tuscany & Penne	336	640	190
Steak Stroganoff with Noodles	308	890	289
Grilled Chicken Fajitas	205	510	249
Grilled Steak Fajitas	205	430	210
Average Sodium			220

% Sodium Reduction

49.17%

*For every 100 grams (3.5 ounces) of product, average sodium reduced to 220 mg from 432 mg. Skillet Creations™ meal kits have 430 to 890 mg of sodium per serving.

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