

Description: FC STEAK FAJITAS

Product: 14921 Brand: 0910 Formula ID: 3236000



# Nutrition Facts

Serving Size: 2 FAJITAS (205g)

Servings Per Container: 3

Amount Per Serving			
<b>Calories</b>	300	<b>Calories from Fat</b>	70
		% Daily Values *	
<b>Total Fat</b>	8 g		12 %
Saturated Fat	3 g		15 %
Trans Fat	0 g		
Polyunsaturated Fat	1.5 g		
Monounsaturated Fat	3 g		
<b>Cholesterol</b>	25 mg		8 %
<b>Sodium</b>	430 mg		18 %
<b>Total Carbohydrate</b>	38 g		13 %
Dietary Fiber	4 g		16 %
Sugars	5 g		
<b>Protein</b>	19 g		38 %
Vitamin A	4 %	Vitamin C	25 %
Calcium	10 %	Iron	30 %

Status is: APPROVED

As Of: 11/19/2008

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Protein			50g	63g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

### Possible Claims

- GOOD SOURCE OF FIBER
- GOOD SOURCE OF VITAMIN C
- HIGH SOURCE OF CRUDE PROTEIN
- HIGH SOURCE OF IRON
- LEAN