

Description: FC GRILLED CHICKEN AND PENNA PASTA NEW WT.S

Product: 14919 Brand: 0910 Formula ID: 3248000



Amount Per Serving			
Calories 320	Calories from Fat 50		
% Daily Values *			
Total Fat 6 g	9 %		
Saturated Fat 1.5 g	8 %		
Trans Fat 0 g			
Polyunsaturated Fat 1.5 g			
Monounsaturated Fat 2.5 g			
Cholesterol 55 mg	18 %		
Sodium 640 mg	27 %		
Total Carbohydrate 44 g	15 %		
Dietary Fiber 5 g	20 %		
Sugars 6 g			
Protein 22 g	44 %		
Vitamin A 10 %	Vitamin C 0 %		
Calcium 0 %	Iron 15 %		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	63g
Calories per gram:			
Fat 9	Carbohydrate 4	Protein 4	

Status is: APPROVED

As Of: 12/10/2008

Possible Claims

- GOOD SOURCE OF IRON
- HIGH SOURCE OF CRUDE PROTEIN
- HIGH SOURCE OF FIBER
- LEAN