

Description: FC CHICKEN FAJITAS

Product: 14920 Brand: 0910 Formula ID: 3258000



Nutrition Facts

Serving Size: 2 FAJITAS (205g)

Servings Per Container: 3

Amount Per Serving		% Daily Values *	
Calories	250	Calories from Fat	60
Total Fat	7 g		11 %
Saturated Fat	2 g		10 %
Trans Fat	0 g		
Polyunsaturated Fat	2.5 g		
Monounsaturated Fat	2.5 g		
Cholesterol	20 mg		7 %
Sodium	430 mg		18 %
Total Carbohydrate	32 g		11 %
Dietary Fiber	3 g		12 %
Sugars	5 g		
Protein	15 g		30 %
Vitamin A	0 %	Vitamin C	25 %
Calcium	10 %	Iron	2 %

Status is: APPROVED

As Of: 11/19/2008

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	63g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Possible Claims

- GOOD SOURCE OF VITAMIN C
- HIGH SOURCE OF CRUDE PROTEIN
- LOW CHOLESTEROL
- LEAN