

Description: FC ASIAN STYLE CHICKEN WITH ORANGE SAUCE

Product: 15074 Brand: 0910 Formula ID: 3259000



Amount Per Serving			
<b>Calories</b> 340	<b>Calories from Fat</b> 45		
% Daily Values *			
<b>Total Fat</b> 5 g	8 %		
Saturated Fat 1.5 g	8 %		
Trans Fat 0 g			
Polyunsaturated Fat 1 g			
Monounsaturated Fat 2 g			
<b>Cholesterol</b> 35 mg	12 %		
<b>Sodium</b> 470 mg	20 %		
<b>Total Carbohydrate</b> 50 g	17 %		
Dietary Fiber 6 g	24 %		
Sugars 18 g			
<b>Protein</b> 23 g	46 %		
Vitamin A 30 %	Vitamin C 15 %		
Calcium 10 %	Iron 20 %		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	63g
Calories per gram:			
Fat 9	Carbohydrate 4	Protein 4	

Status is: APPROVED  
As Of: 11/19/2008

Possible Claims

- GOOD SOURCE OF CALCIUM
- GOOD SOURCE OF IRON
- GOOD SOURCE OF VITAMIN C
- HIGH SOURCE OF CRUDE PROTEIN
- HIGH SOURCE OF FIBER
- HIGH SOURCE OF VITAMIN A
- LEAN
- EXTRA LEAN
- AHA HEALTHY HEART

